



New York
School Nutrition
Association

WESTERN AREA WORKSHOP

When: March 28, 2012

Where: Alden Central High School
13190 Park Street, Alden, NY 14004

Time: Registration 2:45 PM
Vendor Booths 3:00-4:30 PM
Workshop 4:30 PM-6:30 PM
Dinner Following Workshop 6:30 PM

Cost of the Workshop is \$ 8.00 for Members \$15.00 for Non- Members
2 CEU Credits for Workshop

Basket Raffle Tickets and Split Club tickets
A NYSNA membership will be raffled off at the Workshop

**Get ready for Speaker *Jerry Simmons* who will be coming to Alden Central High School for
the New York State School Nutrition Association
“Western Area Workshop”**

Jerry is a Co-Owner and Founder of Cast Your Net 153 Training and Business Solutions. Cast your NET 153 is dedicated to helping others discover the only way to spell SUCCESS is with “U” in it. Jerry will share his goal to inspire, Motivate and Aid in changing lives by reminding others that SUCCESS already has “U” in it. Top

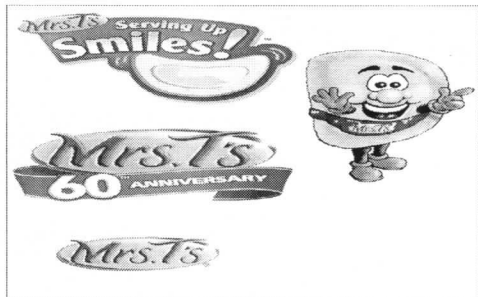
“Managing Time” has always been an age old challenge. In the Food service industry, this argument is no less true. Now add deliveries, deadlines and don’t forget the CHILDREN... You cannot control time, any more than you can predict the weather. It was Ralph Waldo Emerson that said “This time, like all times, is a very good one, if we but know what to do with it. Time cannot be “Managed”, but you can “Maneuver” through the time that you have. This “Maneuvering Time” Workshop will aid you in discovering your Time Personality, Proper goal setting techniques that work for you and your environment, while identifying what is working for you and how to do that better.

Name: _____ Phone # _____

School District: _____ Number Attending _____

RSVP: By March 21, 2012 Make Checks out to “NYSNA”
Anita Trautwein 13190 Park Street, Alden, NY 14004 716-937-9116 Ext. 4186

Mini Vendor Food Show Featuring new items for the upcoming school year meet with your sales people to discuss products and menu ideas



VENTURE

