

SCHOOL LUNCH 101

Facts About Child Nutrition Programs in New York



FINANCES

Operations are non-profit and separate from local school general funds. Revenue sources include federal and state reimbursements for meals served and payments from families for food.



NUTRITION REQUIREMENTS

The Healthy Hunger-Free Kids Act of 2010 has improved the nutrition quality of the meals offered, however student acceptance of these changes is still challenging for most programs.



ONE SIZE DOESN'T FIT ALL

Each school kitchen has a unique set of challenges they face in order to prepare and serve food to students. Cooking equipment, storage facilities, culinary skills and knowledge of staff,



SMART SNACKS

In addition to meals, many schools cafeterias also have to sell a la carte snacks and beverages to make financial ends meet. These products are also regulated based on strict nutrition requirements that limit calories, sodium, sugar, and unhealthy fats.



WE ARE A FOOD ASSISTANCE PROGRAM

School food service programs in New York provide meals to millions of K-12 students each day. Some students are provided breakfast, lunch, dinner and even meals during the summer months when school is not in session through our programs.

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